

WILSON C. MCLEAN, PH.D., CWP, RYT

2871 North Ocean Blvd #V145 • Boca Raton, FL 33431 • (561) 353-8579 • www.wilsonmcleanphd.com; wilson@iwalife.com

AREAS OF SPECIALIZATION

Subjective well-being

Personal transformation

Addiction theory & recovery

Healthcare consulting

Change management

Whole person coaching

Interpersonal communications

Public speaking & presentation

Leadership development

Non-fiction writing & storytelling

Organizational structure & culture

Organizational health & wellness

PROFESSIONAL

Integrative Wellness Alliance, LLC (IWA), Boca Raton, Florida, www.iwalife.com

2019 - Present

Managing Partner

- Created full-spectrum wellness coaching and consulting business to provide individuals, families, and organizations bespoke personal and professional development programs, trainings, and advisory services
- Specialize working with executives, emerging leaders, and young adults to ignite shifts in behaviors, mindsets, and lifestyles, as well as work to create healthy, sustainable work organizations and increase capacity
- Select organizational development projects include: Creation of operations and program manual for private mental health company; Development and execution of employee training for private healthcare company; Led private wellness and retreat center in organizational redesign, rebranding, and development of new identity
- Lead team of specialists in designing and delivering coaching programs that are driven by an integrative “whole person” approach to individual health, as well as customized consulting services for work organizations

Wilson McLean & Associates, LLC (WMA), Boca Raton, Florida, www.wcmandassociates.com

2015 - Present

Managing Partner

- Served as family healthcare consultant and advocate; specialized working 1-on-1 with clients and their family members to address, manage, and overcome addictions and related mental health struggles
- Executed strategic behavioral interventions, family coaching/training programs, bespoke recovery programs, and led transformative travel experiences and immersive retreats to Guatemala, Peru, Nepal, and Cambodia
- Currently in the process of submitting two manuscripts on addiction and well-being for publication

Florida Atlantic University, Boca Raton, Florida

2015 - 2020

Adjunct Professor

- Taught in-person and online undergraduate and graduate courses in Public Management, Human Resources, Organization Development/Behavior, Organizational Ethics, and Administrative Communications
- Developed, organized, and delivered original course syllabi, designs, content, and learning experiences

Advatest, LLC, Palm Harbor, Florida

2019

Organization Development Consultant

- Designed and facilitated a healthcare field agent training and orientation; provided training in HIPAA compliance, technical skills, and soft skills (communication, compassionate healthcare, mindfulness)
- Worked with executive team (CDO & CEO) to develop healthy, vibrant, people-centric culture

Connected Warriors Organization, Boca Raton, FL

2013 - 2014

Executive Director

- Developed and executed advancement plans; increased reach from 7 to 15 states and to two international army bases; weekly class offerings increased 50%; raised over \$100k from private donors in 6 month period
- Facilitated creation and execution of national teacher education and training programs

EDUCATION

Florida Atlantic University, Boca Raton, FL

May 2019

Doctor of Philosophy, Public Administration; fields of concentration: Organization Development, Organizational Health and Wellness, Management, Leadership, and Administrative Theory

- **Dissertation:** *Investigating Healthy Organizations: Development and Testing of a Public Organization Wellness Quotient (WQ)*
- **Societies/Awards:** Pi Alpha Alpha Honor Society; Phi Kappa Phi Honor Society; 2018 FAU 3 Minute Thesis Graduate Competition runner-up: <https://www.youtube.com/watch?v=08p8KTFQuM8>

Florida Atlantic University, Boca Raton, FL

May 2013

Bachelor of Arts, Interdisciplinary Studies; Social Science (focus on psychology and sociology)

Bachelor of Arts, History (minor in English)

- Received two undergraduate degrees, taking classes with a total of 194 credits
- Combined GPA: 3.78; *magna cum laude* (in each degree)

CERTIFICATIONS

- Certified Wellness Practitioner (CWP), National Wellness Institute (2019), #59066406
- HIPAA Certified for Business Associates, HIPAA Exams (2019), #19600
- Certified Yoga Teacher (RYT - 200hr), Yoga Alliance International (2012)
- Ongoing participation in select mental health, wellness, and org. development education programs, conferences, workshops, and trainings